

The Wellness Center

P: (413)528-7353

email: wellnesscenter@simons-rock.edu

The Wellness Center is open Monday thru Friday 9:00 AM- 5:00 PM during the academic year while classes are in session. Evenings and weekends please contact Campus Safety at (413)528-7291.

Health Services Access Plan 2023-2024

To Access Health Services for Non-Urgent Needs

Call the Wellness Center at **(413)528-7353** or email wellnesscenter@simons-rock.edu with your request. You will be connected to a nurse by phone or through email to discuss your concerns and develop a plan to address your needs, as soon as possible. If the lines are busy when you call, please leave a message with your full name and phone number, specifying any health concerns that you can share on the voice message. A nurse from health services will review your call (Monday-Friday, 9AM-4:30PM) and contact you through phone or email on the next steps. Next steps may include a scheduled time to meet with a nurse at the Wellness Center.

If a call comes through after 4:30 PM Monday-Friday or on the weekend, your call will be reviewed during the next business day when the Wellness Center is open.

To Access Health Services for a Crisis or Urgent Needs:

Please follow the protocol below, if you are experiencing a crisis or urgent situation related to your physical health at any time:

1. Connect with a Community Director or Campus Safety.
2. For Campus Safety, you can go directly to the Campus Safety offices on the ground floor of the Student Union or call **(413)528-7291** or **dial 0** from any campus phone.
3. The CD and/or a Campus Safety officer will speak with you about your concerns and then connect you to the appropriate resource, which may include a phone connection with the nurse triage center.